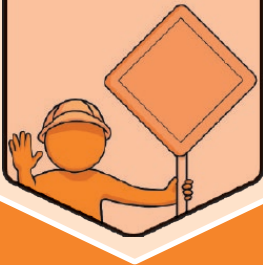


This resource shows where the **RSHE** objectives are covered within Twinkl Life's PSHE and Citizenship scheme of work.

UKS2 Safety First			
	Twinkl Life Objective	Relationships Objective	Health Objective
 Lesson 1: You Are Responsible	I can take responsibility for my own safety.		Personal Safety: About hazards (including fire risks) that may cause harm, injury or risk and ways to reduce risks.
Lesson 2: What Are the Risks?	I can assess and manage risks in different situations.	Caring Friendships: How to manage conflict, and that resorting to violence is never right. Caring Friendships: How to recognise when a friendship is making them feel unhappy or uncomfortable, and how to get support when needed. Respectful, Kind Relationships: How to seek help when needed, including when they are concerned about violence, harm, or when they are unsure who to trust. Being Safe: What sorts of boundaries are appropriate in friendships with peers and others (including online). This can include learning about boundaries in play and in negotiations about space, toys, books, resources etc. Being Safe: How to recognise when a relationship is harmful or dangerous, including skills for recognising who to trust and who not to trust. Being Safe: How to ask for advice or help for themselves or others, and to keep trying until they are heard. Where to get advice e.g. family, school and/or other sources.	Personal Safety: About hazards (including fire risks) that may cause harm, injury or risk and ways to reduce risks.
Lesson 3: Making Your Mind Up	I can confidently identify and manage pressure to get involved in risky situations.	Caring Friendships: How to manage conflict, and that resorting to violence is never right. Caring Friendships: How to recognise when a friendship is making them feel unhappy or uncomfortable, and how to get support when needed. Respectful, Kind Relationships: The importance of self-respect and how this links to their own happiness. Pupils should have opportunities to think about how they foster their own self-esteem and build a strong sense of their own identity, including through developing skills and interests. Being Safe: How to recognise when a relationship is harmful or dangerous, including skills for recognising who to trust and who not to trust.	

Resource	Twinkl Life Objective	Relationships Objective	Health Objective
Lesson 4: In an Emergency	I can act sensibly and responsibly in an emergency.		Physical Health and Fitness: How and when to seek support including which adults to speak to in school if they are worried about their health. Basic First Aid: How to make a clear and efficient call to emergency services if necessary, including the importance of reporting incidents rather than filming them. Basic First Aid: Concepts of basic first aid, for example dealing with common injuries and ailments, including head injuries.
Lesson 5: Home - Safe and Sound	I can identify hazards and reduce risks to keep myself and others safe at home.		Drugs, Alcohol, Tobacco and Vaping: The facts about legal and illegal harmful substances and associated risks, including smoking, vaping, alcohol use and drug-taking. This should include the risks of nicotine addiction, which are also caused by other nicotine products such as nicotine pouches. Personal Safety: About hazards (including fire risks) that may cause harm, injury or risk and ways to reduce risks.
Lesson 6: Outdoors - Playing It Safe	I know how to stay safe in different outdoor environments.		Personal Safety: About hazards (including fire risks) that may cause harm, injury or risk and ways to reduce risks. Personal Safety: How to recognise risk and keep safe around roads, railways, including level crossings, and water, including the water safety code.