

This resource shows where the **RSHE** objectives are covered within Twinkl Life's PSHE and Citizenship scheme of work.

| UKS2 Diverse Britain                                                                                                |                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                          |
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|                                                                                                                     | Twinkl Life Objective                                                                                                                 | Relationships Objective                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Health Objective                                                                                                                                                                                                                                                                                         |
|  <p><b>Lesson 1: Identities</b></p> | <p>I can talk about the range of faiths and ethnicities in the United Kingdom and identify ways of showing respect to all people.</p> | <p><b>Respectful, Kind Relationships:</b> That they can expect to be treated with respect by others, and the importance of respecting others, including those who are different (for example, physically, in character, personality or backgrounds), or make different choices, or have different preferences or beliefs.</p> <p><b>Respectful, Kind Relationships:</b> Practical steps they can take and skills they can develop in a range of different contexts to improve or support their relationships.</p> |                                                                                                                                                                                                                                                                                                          |
| <p><b>Lesson 2: Communities</b></p>                                                                                 | <p>I can explain what a community is and what it means to belong to one.</p>                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <p><b>General Wellbeing:</b> The benefits of physical activity, time outdoors, and helping others for health, wellbeing and happiness. Simple self-care techniques, including the importance of rest, time spent with friends and family, as well as hobbies, interests and community participation.</p> |
| <p><b>Lesson 3: Respecting the Law</b></p>                                                                          | <p>I can explain why and how laws are made and identify what might happen if laws are broken.</p>                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                          |
| <p><b>Lesson 4: Local Government</b></p>                                                                            | <p>I can discuss the terms democracy and human rights in relation to local government.</p>                                            | <p><b>Respectful, Kind Relationships:</b> The different types of bullying (including online bullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult), and how to get help.</p> <p><b>Respectful, Kind Relationships:</b> What a stereotype is, how stereotypes can be unfair, negative, destructive or lead to bullying and how to challenge a stereotype.</p>                                                                                                |                                                                                                                                                                                                                                                                                                          |
| <p><b>Lesson 5: National Government</b></p>                                                                         | <p>I can discuss the terms democracy and human rights in relation to local government.</p>                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                          |
| <p><b>Lesson 6: Making a Difference</b></p>                                                                         | <p>I can investigate what charities and voluntary groups do and how they support the community.</p>                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <p><b>General Wellbeing:</b> The benefits of physical activity, time outdoors, and helping others for health, wellbeing and happiness. Simple self-care techniques, including the importance of rest, time spent with friends and family, as well as hobbies, interests and community participation.</p> |